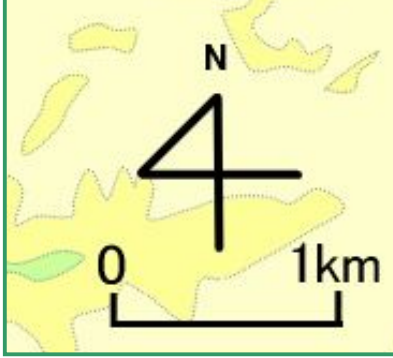


From Ise-jingu Shrine (Naiku) to Tamaru Trail

Ise-jingu Shrine (Naiku) > Miyagawa river > Tamaru sta. (about 14km, 4hrs.)



- Time Point (walk unhurriedly)
- Land Mark
- Bus Stop



- Paved Road
- JR Lines
- Road for Trail
- Unpaved Road
- Following Trail

Summary

Ise-jingu Shrine (Naiku) >>>> (even, paved road, 30mins.) >>>>

Sarutahiko-jinja Shrine >>>> (uphill and downhill, paved road, 90mins.) >>>>

Ise-jingu Shrine (Geku) >>>> (almost even, paved road, 80mins.) >>>>

Kida Elementary School >>>> (almost even, paved road, 45mins.) >>>>

Tamaru Station

Transportation

Nagoya Station >> (1hrs. and 20mins. by Kintetsu line, Limited Expres) >> **Ise-shi Station**

>> (20mins by Bus, some lines by Mie-kotsu Co., Ltd.) >> **Naiku-mae Bus Stop**

Nagoya Station >> (1hrs. and 30mins. by JR line, Kaisoku-Mie expres) >> **Ise-shi Station**

>> (20mins by Bus, some lines by Mie-kotsu Co., Ltd.) >> **Naiku-mae Bus Stop**

Ise-shi Station >> (about 13mins. by JR line, Local) >> **Tamaru Station**

【by car】

Nagoya >> (Highway / 2hrs. and 10mins.) >> **Ise-jingu Shrine (Naiku)**